Government Studies in Support of Needle Exchange

National Commission on AIDS (1991): The Twin Epidemics of Substance Use and HIV. *Washington DC*. http://www.dogwoodcenter.org/references/studies91F.html

- Legal barriers to needle exchange programs (NEPs) "encourage the increase in HIV transmission".
- Needle exchange outreach programs refer "many" individuals to substance abuse treatment.

General Accounting Office (1993): Needle Exchange Programs: Research Suggests Promise as an AIDS Prevention Strategy. *US Government Printing Office: Washington DC*. http://archive.gao.gov/d44t15/148846.pdf

- NEPs do not increase drug use among injection drug users (IDUs)
- NEPs reduce the spread of AIDS by reducing needle sharing among IDUs.
- Confirmed the Yale University model, which estimated a 33% reduction in new HIV infections among participants of its NEP study

Centers for Disease Control and Prevention (1993): The Public Health Impact of Needle Exchange Programs in the United States and Abroad: Summary, Conclusions and Recommendations. *CDC: Atlanta*. http://goodquestions.ucsf.edu/pubs/reports/pdf/NEPReportSummary1993.pdf

- NEPs do not increase drug use, the number discarded syringes, or rates of HIV infection.
- Some NEPs have made significant numbers of referrals to treatment, but referrals are limited by the scarcity of drug treatment availability.

Office of Technology Policy Assessment of the US Congress (1995): The

Effectiveness of AIDS Prevention Efforts. US Government Printing Office: Washington DC. http://govinfo.library.unt.edu/ota/Ota_1/DATA/1995/9556.PDF

• Syringe Exchange Programs (SEPs) do not increase drug use, and are a cost effective means of reducing HIV transmission.

Institute of Medicine, National Research Council (1995): Preventing HIV Transmission: The Role of Sterile Syringes and Bleach. *National Academy Press: Washington DC.* <u>http://www.nap.edu/openbook.php?record_id=4975&page=R1</u>

• SEPs can be an effective tool for preventing HIV transmission and do not increase drug use.

National Institutes of Health Consensus Panel (1997): Interventions to Prevent HIV Risk Behaviors. *NIH: Bethesda MD*. <u>http://consensus.nih.gov/1997/1997PreventHIVRisk104html.htm</u>

- NEPs are a "powerful approach" to reducing the spread of HIV
- Banning federal funding of these programs serves as a "major barrier" to the realization of the full potential of these programs.

Office of the Surgeon General (2000): Evidence-based Findings on the Efficacy of Syringe Exchange Programs: An Analysis of the Scientific Research Completed Since April 1998. *US Department of Health and Human Services: Washington DC.* http://www.dogwoodcenter.org/references/Satcher00.html

- There is conclusive scientific evidence that SEPs are an effective means for reducing HIV transmission.
- SEPs serve as a vehicle for linking IDUs, a hard to reach, high risk population, to health care services, and reducing overall drug use.

Institute of Medicine, National Academy of Science (2002): No Time to Lose: Getting More from HIV Prevention. *National Academy Press: Washington DC*. <u>http://www.nap.edu/openbook.php?record_id=9964&page=R1</u>

- SEPs are a "highly cost-effective" strategy for preventing HIV transmission among injection drug users.
- "Improving access to sterile injection equipment is a critical component of HIV prevention."
- SEPs do not lead to increased drug use, criminal activity, or discarded contaminated syringes